

Presented to the

Royal College of Surgeons of
England.

A GUIDE
TO THE
EXAMINATION OF URINE.





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A GUIDE
TO THE
EXAMINATION
OF THE
URINE,

INTENDED CHIEFLY FOR CLINICAL CLERKS AND
STUDENTS;

BY

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INTRODUCTION.

This little work is intended to supply the clinical clerk and student of medicine with a concise guide to the recognition of the more important characters of the urine; and from its small size to serve as a companion at the bedside to the busy practitioner, who may be unable to consult the larger works on the subject. A plan for the examination of the urine, step by step, has been given, with an account of the method for ascertaining the nature of those alterations that most frequently occur in disease. An appendix has been added in which the manner of estimating the urea, chlorides, phosphate, sugar, &c. by volumetric or other rapid analysis has been described.

SOUTH STREET, PARK LANE.

September, 1869.

ADVERTISEMENT TO THE SECOND EDITION.

A second edition having been required within a few months of the publication of the first, the opportunity has been taken to carefully revise the whole of the work, and to add some new matter to many of the sections. The author is indebted to Mr. J. Jones, Assistant to Professor Williamson, at University College, for much assistance in correcting the proof sheets.

SOUTH STREET, PARK LANE.

February, 1870.

A GUIDE

TO THE

EXAMINATION OF URINE.

IN order that the examination of the urine may be made systematically, the following plan, in which the most important clinical facts are directed to be ascertained, is recommended to the student. The order of examination that is here given should be followed, the details of each operation being described on the page stated at the end of each paragraph.

SCHEME FOR THE EXAMINATION OF THE URINE.

- I. Observe the colour of the urine, its appearance, if clear, smoky, turbid, &c. (page 9.)
- II. Ascertain the specific gravity, (page 12).

- III. Examine the reaction, whether acid, neutral, or alkaline, by means of litmus or turmeric paper, (page 14).
- IV. Test the urine for albumen, (page 16). If albuminous, examine microscopically for—Renal Casts, (page 58); Pus Corpuscles, (page 52); Red Blood Corpuscles, (page 54).
- V. Test the urine for sugar, (page 21).
- VI. If there be no albumen or sugar present, and no deposit, the urine need not be further examined, unless some special indication exist.
- VII. But if any sediment (page 40,) be observed, the urine must be examined microscopically; the following enumeration of the more common deposits will assist the student:
 - Pink or reddish deposit, dissolved on heating test-tube—urate of soda, (page 45).
 - White crystalline deposit, soluble in acetic acid—phosphates, (page 48).
 - White amorphous flocculent deposit, rendered ropy by alkalies—pus, (page 52).
 - Brownish-red crystalline deposit—uric acid, (page 42).
 - Red amorphous deposit—blood, (page 54).

PHYSICAL EXAMINATION.

The physical examination of the urine is the application of the senses to its investigation without the employment of chemical or microscopical aids. The colour, translucency, odour, and consistence are the only characters which can be ascertained by this simple method of observation.

Colour. Urine is ordinarily of a reddish yellow colour; but it may be as colourless as water, or dark brown black like porter; a smoky tint is absolutely diagnostic of the presence of blood; a brownish green suggests the presence of the colouring matter of the bile. Many drugs, as rhubarb and saffron, give a peculiar colour to the urine.

Translucency. In health, the urine deposits, after remaining at rest for a short time, a slight cloud of mucus, derived from the bladder and urinary passages; but, in all other respects, healthy urine is perfectly clear. On cooling, however, it may sometimes become turbid from the presence of urates, which are distinguished from other deposits by their appearing after the cooling of urine which was perfectly clear when first passed. In disease the urine is often turbid when

first voided ; and pus is the most frequent cause of this condition.

Odour. It is not yet ascertained to what substance the peculiar odour of the urine is due, nor is it of much importance to the clinical student. When the urine loses its natural odour and becomes fetid and ammoniacal, the change is due to the decomposition of urea into carbonate of ammonia, and the formation of sulphur compounds ; in cases of cystitis and paraplegia the alteration begins very rapidly after emission. Various drugs, as cubebs, and articles of diet, as asparagus, give a characteristic odour to the urine ; turpentine gives the odour of violets to the secretion ; it is stated that in organic disease of the kidney, and in gout, these substances cannot be recognised in the urine by their smell, after they have been given by the mouth ; observations, contradictory to this statement, have, however, been recorded.

Consistence. The urine is a limpid fluid, flowing freely from one vessel to another. But in catarrh of the bladder, and in retention of urine, the ammoniacal products of the decomposition of the urea render the pus present thick and viscid, thus causing the secretion to be ropy, and poured with difficulty from one vessel to another.

The froth on normal urine readily disappears; but if the froth be permanent, the presence of albumen, or of the constituents of the bile, may be suspected.

Before passing to the mechanical and chemical examination of the urine, it may be well to state the apparatus and reagents which are necessary for bedside investigation by the student. They are

Cylindrical Urine Glasses, containing about 6 fluid-ounces.

A Urinometer, the stem of which is graduated from 1000 to 1060.

Blue and Red Litmus, and Turmeric, Paper.

Test Tubes.

A Spirit Lamp, or Bunsen's Gas-burner.

Nitric Acid.

Acetic Acid.

Liquor Potassæ or Liquor Sodæ.

Solution of Sulphate of Copper, 10 grains to the fluid-ounce.

Fehling's Test Solution for Sugar.

Glass Funnel and Filtering Paper.

With this apparatus and these reagents, the student will be able to perform all the most important reactions described below.

SPECIFIC GRAVITY.

The specific gravity of the urine varies in health between 1015 and 1020 ; the simplest way of estimating it is by means of the urinometer.

In order to use this instrument, a quantity of the urine to be examined is poured into a cylindrical glass, and care is taken to remove all the froth which may form, either by blotting paper, or by overfilling the vessel. The urinometer must then be introduced, and allowed to float freely in the urine, without touching either the sides or bottom of the vessel. Since the fluid accumulates around the stem of the urinometer from the physical force of attraction, the specific gravity appears to be higher than it really is, when it is read off while the eye is above the surface of the fluid ; to obtain a correct reading, therefore, the eye must be lowered to the level of the surface of the fluid, and the number on the stem read off by looking at it through the urine ; having noted this, the urinometer should be depressed in the urine, and again allowed to come to rest, when the number may be again read off ; this second estimation is made to correct any mistake that may have occurred in the first reading. The specific gravity thus ascertained should be noted down at once.

The knowledge of the specific gravity of a few ounces of urine is a matter of little value. To render the observation in any way serviceable, the whole quantity passed in the 24 hours must be collected and mixed, and the specific gravity of a small amount of this taken. A rough estimation of the solid matters passed may be made from the specific gravity in the following way; the two last figures are multiplied by 2 (in diabetes by 2.33) which gives the amount of solid matters in a 1000 parts of urine; if, for example, the specific gravity of the urine be 1020, 1000 grains of urine will contain 2×20 i.e. 40 grains of solids.

Clinical Import. Sugar in the urine is the most common cause of a high specific gravity; if this substance be not present, excess of urea will be the probable cause.

A low specific gravity, below 1010, occurs after fluid has been ingested in quantity. A low specific gravity is also noticed frequently in chronic Bright's disease, in hysteria, immediately after the paroxysm, in anæmic conditions, and in diuresis from any cause, such as mental emotion, or exposure to cold.

A high specific gravity with a pale colour, and a low specific gravity with a deep tint, are equally signs of disease.

A new urinometer should be carefully tested, since those sold by the instrument makers give results, varying as much as 10 or 12 degrees. The urinometers in common use in Hospitals are very rarely correct.

REACTION.

The urine is almost always secreted acid, though it may become alkaline within a very short time of emission. In the majority of cases in which the urine is said to be alkaline, as in paraplegia and cystitis, the alkalinity is really due to decomposition after being passed. If the urine, then, be found to be alkaline, a fresh specimen should be tested immediately after it has been voided. In cases of retention, the urine sometimes becomes alkaline in the bladder; and, in health, can be made alkaline, by the administration of drugs.

The urine is rarely neutral to test paper; so that many observers have denied its occurrence. Occasionally the urine has an equivocal reaction, reddening blue litmus, and restoring the blue colour to reddened litmus paper.

The cause of the acid reaction of the urine is the presence of the acid phosphate of soda; and according to some observers, of free lactic and hippuric acids. Very shortly after emission, the acidity increases, and lasts, in health, for days, free uric acid being often deposited.

Sooner or later, however, the alkaline fermentation sets in, and the urine becomes ammoniacal and foetid from the conversion of urea into carbonate of ammonia, and the formation of sulphide of ammonium, while the phosphates and the urate of ammonia are deposited as a white sediment.

Clinical Import. The acidity of the urine is decreased during digestion, and increased by fasting or perspiration. A very acid, high-coloured urine is associated with the "uric acid diathesis."

Alkalinity of the urine is nearly always due to decomposition of the urea into carbonate of ammonia. It is frequently present in some diseases of the spinal cord, and in chronic affections of the bladder and urinary organs, as a few drops of urine, which has undergone the alkaline fermentation, will rapidly produce the same change in perfectly fresh urine.

When the alkalinity is due to ammonia, the

brown colour of the turmeric disappears when the paper is exposed for some time to the air, or gently heated; but the change from yellow to brown is permanent, if the alkalinity be owing to either potash, or soda.

EXAMINATION FOR ALBUMEN.

This is the first and most important step in the chemical examination of the urine; the presence or absence of albumen must always be determined before proceeding to test for any other substance, and the search must never be omitted in the examination of any urine.

The best way of testing for albumen, is to fill a test tube about two-thirds full of the urine to be examined, and to heat the upper layer of the fluid over the flame of a lamp, the lower end of the tube being held between the thumb and forefinger of the observer. By employing this method, two strata of fluid are obtained for comparison.

The heat is applied until the upper portion of the urine begins to boil, for although albumen, when in large quantity, coagulates at a point far

below boiling, yet the presence of a small quantity gives no precipitate below 212° F. The boiled stratum of fluid should now be carefully compared with the cool layer in the lower part, by holding the test tube against the light; if any cloudiness or opacity be seen, it must not at once be concluded that albumen is present; but a drop or two of dilute nitric acid should be allowed to flow gently down the side into the urine; the cloud is permanent, if due to albumen; but disappears immediately if due to the earthy phosphates. This addition of acid after boiling should never be omitted, since the most practised eye cannot distinguish, by appearance only, between the cloud produced by albumen, and the phosphate of lime.

Cautions. (a.) The addition of the nitric acid not unfrequently carries down some of the coagulated albumen into the unboiled layer of urine, and thus causes the cloud to be less thick than before; such an appearance is never produced by phosphates; when they are the cause of the turbidity, the urine becomes absolutely clear, as before boiling; slight brown coloration only, occurring from the addition of the nitric acid.

(b.) Should the urine be turbid from the presence of urates, it quickly becomes clear on the

application of slight heat; and as it is desirable before testing for albumen to have a clear solution, the whole of the test tube should be passed two or three times through the flame of the lamp, until the urates are dissolved; the upper stratum of the urine should then be boiled, and compared with the lower, as above.

(c.) If the urine be neutral or alkaline at the time of testing, the albumen will not be precipitated by heat; the acid reaction must therefore be restored by a few drops of weak acetic acid, and the urine then boiled, and nitric acid added. If alkaline urine be boiled without previous acidulation, a deposit of phosphate of lime is almost sure to occur, which is immediately dissolved on the addition of an acid.

If nitric acid be added, before boiling, to an albuminous urine, the albumen will often not be precipitated on the application of heat. Care must therefore be taken that it is acetic acid which is used in the preparatory acidification of the urine.

(d.) If the urine be permanently turbid, from any cause, and it is desired to know accurately whether albumen be present, the urine must be filtered before boiling; in this way very minute quantities may be discovered.

The method of testing for albumen, proposed by Heller, which consists of pouring nitric acid into a test tube, and allowing the urine to flow down upon the acid, so that the two fluids touch, but do not mix, and observing the layer of coagulated albumen thus produced, is open to many notorious fallacies, and does not detect minute quantities; it cannot, therefore, be recommended.

A rough way of estimating the amount of albumen present in the urine, is to pour some of the urine into a test tube, until it is about half full, and to boil the whole of the urine in the tube, until the albumen is completely coagulated. One or two drops of nitric acid are then added, and the test tube is set aside for 24 hours; at the end of that time, the proportion of the coagulated albumen, which has collected at the bottom of the tube, to the rest of the fluid, is noticed; if the albumen occupy one-third of the height of the fluid, there is said to be one-third of albumen in the urine; or one-sixth, or one-eighth, as may be. If, however, at the end of 24 hours scarcely any albumen has collected at the bottom, there is said to be a trace. If the urates have been deposited, the urine must be filtered before boiling, or a

considerable error will creep in, by their increasing the apparent amount of albumen.*

Clinical Import. The presence of albumen in the urine is an important objective sign of disease.

Any state, which produces a mechanical impediment to the return of blood from the kidneys, will be accompanied by albumen in the urine; and the albumen will be persistent so long as the congestion of the kidney continues; the longer the albumen remains in the urine, the greater danger is there, of permanent textural injury to the kidney. In many acute febrile diseases, albumen is frequently present, which, as a rule, disappears with the termination of the illness; but, if persistent, it affords evidence of organic disease of the kidney. In a chronic, non-febrile disorder, without obvious impediment to the return of blood from the kidneys to the heart, the discovery of albumen in a clear urine would indicate structural change in the kidney.

The search for renal casts must always follow the detection of albumen in the urine. The discovery of these structures renders it certain that

* The plan for estimating the albumen, by the difference in the specific gravity, before and after coagulation, is not yet based upon sufficiently numerous observations, to be trustworthy.

the albumen, or, at least, part of it, is derived from the kidney.

A frequent cause of the presence of albumen is pus, in proportion to its quantity; in the urine of women, a small quantity of albumen is frequently due to leucorrhæal discharge, which is composed chiefly of pus. Gleet, in the male, similarly causes albumen to be present in the urine.

The presence of blood in the urine necessitates the presence of albumen as well, from the escape of the serum through the divided vessels.

EXAMINATION FOR SUGAR.

If the specific gravity rise above 1030, sugar may be suspected, and should be looked for.

Many methods of testing for sugar have been proposed; but only the most prominent and trustworthy will here be mentioned, although it must be confessed that a rapid, and yet trustworthy, test, suited to practitioners, is still a desideratum.

Moore's Test. Equal parts of urine, and liquor potassæ or liquor sodæ, are poured into a test tube, and the upper stratum of this mixture is

heated to boiling, in the manner described in the section on examination for albumen. The heated portion becomes brown-red, dark-brown, or black, according to the quantity of sugar present. The least alteration of colour may be perceived by comparing the upper and the lower portions of the liquid.

Cautions. (a.) High coloured urines, and urines containing excess of phosphates, darken perceptibly on boiling with caustic alkalies, and, if the urine be albuminous, the colour will be greatly deepened, though no sugar be present. Before, therefore, applying Moore's test to an albuminous urine, the albumen must be removed by filtration after boiling with a drop or two of acetic acid.

(b.) It has been noticed that liquor potassæ which has been kept for a few weeks only in white glass bottles, takes up lead from the glass, and that a black precipitate of sulphide of lead is formed, when the alkali is boiled with certain urines which contain much sulphur. Care must be therefore taken that the liquor potassæ is free from lead.

The value of Moore's test is chiefly negative; if the urine on boiling with liquor potassæ does not perceptibly darken, it may be assumed to be

free from a hurtful quantity of sugar ; if, however, darkening occur, a further observation must be made with the copper or fermentation tests, described below.

The Copper Test depends on the property which grape sugar possesses, of reducing the higher oxide of copper to a suboxide. There are two methods of conducting this reaction, identical in principle, named respectively Trommer's Test, and Fehling's Test.

Trommer's Test. About a drachm of the suspected urine is poured into a test tube, and liquor potassæ, or liquor sodæ added in about half the quantity ; a weak solution of sulphate of copper (about 10 grs. to the fluid-ounce) is dropped into the mixture. The precipitate which first forms is redissolved on shaking the test tube, and the copper solution should be carefully added, agitating the test tube after each drop has fallen into the mixture, so long as the precipitate is easily redissolved, when the solution will have acquired a beautiful blue or green colour, but should be quite clear, and free from any precipitate ; the contents of the test tube must next be heated to boiling, when, if sugar be present, an orange-red precipitate is first thrown down which, after some time, be-

comes reddish brown. This precipitate consists of the suboxide of copper.

Since uric acid and mucus will also reduce copper when they are boiled with its salts, a similar solution should be set aside in the cold; and if after the lapse of 24 hours, the reddish precipitate has fallen, sugar is undoubtedly present.

Cautions. Much difficulty is often at first experienced in arranging the proper proportion between the copper solution, and the liquor potassæ. If too much copper be added, which is the most common mistake, the potash cannot redissolve the precipitate first formed, which may then be mistaken for a precipitate of suboxide. The best rule to bear in mind is—always to have an excess of potash present, and never to operate except with a clear solution.

Fehling's Test. In consequence of the difficulty of properly adjusting the quantity of alkali and copper in Trommer's test, many practitioners prefer to use a solution in which the copper and alkali are present in the exact proportion necessary. This solution may be prepared in the following way; 665½ grains of crystallized potassio-tartrate of soda are dissolved in about 5 fluid-ounces of a solution of caustic potash, sp. gr. 1.12. Into this alkaline

solution is poured a fluid prepared by dissolving 1334 grains of sulphate of copper in 10 fluid-drachms of water. The solution is exceedingly apt to decompose, and must always be preserved in stoppered bottles, and in a cool place. It is very often more convenient not to mix the alkali and copper until the solution is wanted for use. In this case a fluid-drachm of the sulphate of copper solution may be added to half a fluid-ounce of the alkaline solution prepared as above.

About a couple of drachms of the test-solution are poured into an ordinary test-tube, and the fluid boiled over a lamp. If no deposit occur, the solution may be used for analysis; but if a red precipitate be thrown down, the liquid has decomposed, and a fresh supply must be obtained. While the solution is boiling in the test-tube, the urine must be added to it drop by drop, and the effect watched. A few drops of urine which contains a large percentage of sugar will at once give a precipitate of yellow or red suboxide; but if no precipitate occur, the urine should be added to the fluid, drop by drop, any deposit being carefully looked for, until a quantity equal to that of the Fehling's solution employed, has been added. If no precipitate be found after allowing the test-tube to

remain at rest for an hour, the urine may be considered free from sugar.

Cautions. (a) The test solution should never be employed without previous boiling for a few seconds; the tartrate being exceedingly apt to decompose, and the solution then reduces copper as effectually as would grape sugar.

(b) The quantity of urine used in the test should never be greater than the quantity of test solution employed.

(c) After adding the urine in volume equal to the Fehling's solution, the boiling of the mixture must not be continued, as other substances, besides sugar, present in the urine, will reduce copper at a high temperature.

Fermentation Test. A few grains of German yeast are put into a test tube, which must then be filled with urine, and inverted in a shallow dish already containing a little of the urine, or better still, quicksilver, and set aside in a warm place, as a mantel-piece, or a hob. A similar test tube must be filled with water, a few grains of yeast added, and the whole subjected to the same conditions. If sugar be present, the formation of carbonic acid will, at the end of 24 hours, have driven nearly all the urine out of the test tube; a

few bubbles only will have appeared in that containing the water. To prove that this gas is carbonic acid, some caustic potash or soda must be introduced into the the test tube, when the gas will be quickly absorbed, and the urine again rise in the tube.

Estimation by loss of density after fermentation.
Dr. Roberts has found that after fermentation, "the number of degrees of 'density lost' indicated as many grains of sugar per fluid ounce," and he proposes to estimate by this means the amount of sugar present.

About 4 fluid-ounces of the urine are placed in a 12-ounce bottle with a piece of German yeast of the size of a chesnut. The bottle is then set aside, very lightly covered, in a warm place, such as the mantel piece, or hob, and by its side, a bottle filled with the same urine, but without any yeast, and *tightly corked*. In 24 hours the fermentation is almost finished; the fermented urine is poured into a urine glass, and the specific gravity taken with the urinometer; the specific gravity of the unfermented urine is also taken, and the specific gravity of the fermented is subtracted from the specific gravity of the unfermented, the remainder giving the number of grains of sugar contained in a fluid-

ounce: for example, if the specific gravity of the unfermented be 1010, and that of the fermented 1010, the number of grains of sugar in a fluid-ounce will be 30.

The researches of Bruecke have proved that healthy urine contains sugar in about '01 per cent. Consequently a healthy man excretes daily through the kidneys about 15 grains of sugar.

Clinical Import. If the foregoing tests announce the presence of sugar, in considerable quantity, whenever the urine is examined, diabetes mellitus may be inferred to exist. But should the presence of sugar in the urine be variable, and its amount small, the fact is not of any known great diagnostic, or therapeutic, importance.

Some writers have asserted that sugar is present in the urine in all cases of impediment to the respiration, and in old persons; this statement, however, must be received with the greatest caution, since it has been contradicted by many excellent observers.

BILE IN THE URINE.

The presence of bile in the urine can seldom be overlooked, since it gives a dark greenish brown colour to the secretion. Two substances must be tested for, the bile pigments, and the bile acids, each of which must be looked for separately.

The bile pigments. *Gmelin's Test.* Ordinary nitric acid, which nearly always contains some nitrous acid, is poured into a test tube to the depth of half an inch. A portion of the urine to be examined is then gently poured down the side of the tube, held almost horizontally, on to the surface of the acid, so that the two fluids may touch but not mix; this operation is most conveniently performed by means of a pipette. At the line of contact, a zone of red appears in every urine; but if pigment be present, a zone above becomes first green, then violet, blue, and red, representing the various stages of oxidation of the colouring matters; the most characteristic are green and violet. This reaction may also be performed by allowing a drop of nitric acid, and of the urine to be examined, to run together on a porcelain dish, when the play of colours mentioned above will be observed at their line of contact.

Caution. Any urine which contains a large quantity of indican will give a blue or violet, and even green, colour with nitric acid. This is a frequent occurrence in cases of melanotic cancers, when the urine often has a dark brown appearance.

The bile acids. *Pettenkofer's Test.* Some of the fluid containing the bile acids, is placed in a porcelain dish, and a drop of saturated solution of cane sugar added; strong sulphuric acid is then dropped into the mixture, taking care that this acid is clearly in excess of the amount of bile acid present, *i.e.* about the same volume as the fluid containing the bile acids. On applying heat (which must only be moderate) a beautiful cherry-red colour is produced, passing into a deep purple. The *purple* colour is the only reaction characteristic of the presence of bile acids.

Another, and perhaps a better, way of performing Pettenkofer's test is to pour the fluid containing the bile acids into a test tube; sulphuric acid being then added, at first in small quantity to precipitate the bile acids, but afterwards in amount sufficient to redissolve them, which renders the mixture perceptibly hot to the hand. A drop of syrup may now be let fall into the fluid, which

then shows a play of colours passing from pink to cherry red, and from red to purple.

This test should never be applied directly to urine : setting aside the fact that the bile acids are never in sufficient quantity to give the reaction, the urine in jaundice frequently contains a small quantity of albumen which gives a reddish violet reaction with sugar and sulphuric acid, while the action of the acid upon the other constituents of the urine renders it impossible to be sure of the distinctive colours of Pettenkofer's test. If, therefore, it be very desirable to ascertain whether the bile acids be present in the urine, the method introduced by Hoppe must be employed for their separation ; a long and somewhat complicated process, which can seldom be adopted by the clinical student.

With this object the urine must be rendered faintly ammoniacal with caustic ammonia, and then diacetate of lead added, so long as a precipitate occurs. The precipitate must be collected on a filter and washed with distilled water ; then boiled with alcohol over a water bath, and filtered while hot ; to the filtrate a few drops of potash or soda are to be added, and the solution evaporated to dryness over a water bath. The residue is

again to be boiled with absolute alcohol over a water bath until but a small quantity is left. This must be then shaken with ether in a stoppered bottle, and after some time, the alkaline salts of the bile acids will crystallize out. In order to prove that these crystals are salts of the bile acids, they must be dissolved in a little distilled water, and tested with Pettenkofer's method, as directed above.

Clinical Import. The bile pigments and the bile acids are present in the urine in most cases of jaundice. In hot weather, the bile pigments may sometimes be detected by means of Gmelin's test, in the urine of persons who are not jaundiced. The quantity of bile acids present is usually not more than .02 per cent; the smallness of the amount in the urine being probably due to their oxidation after entering the blood.

UREA.

The clinical student may sometimes wish to know if the urine contain urea, or if a given fluid be

really urine, or some other secretion. The fluid is first to be tested for albumen, which, if present, must be removed by acidulation with a few drops of acetic acid, raising the temperature of the fluid to the boiling point, and filtering. This filtrate is used for the subsequent operations of evaporation, &c. as stated below.

If the urine is free from albumen, some quantity, 2 or 3 fluid-ounces, must be evaporated in a Berlin dish over a water bath, until the fluid has the consistence of syrup. A water bath is essential, because an open flame would decompose the urea. After the syrupy fluid has completely cooled, nitric acid, as free as possible from nitrous acid, is added, drop by drop, so long as a precipitate is formed. An excess of nitric acid is desirable. Some of these crystals of nitrate of urea, removed with a glass rod and placed under the microscope, show flat rhombic or hexagonal plates closely united to one another.

Clinical Import. Urea is the most important constituent of the urine; a healthy man excretes from 300 to 500 grains in the 24 hours. In some acute diseases, as pneumonia, typhoid fever, and acute rheumatism, it is greatly increased owing to the excessive tissue-metamorphosis, and may

be present in such quantity as to give a precipitate, without previous concentration, when the urine is acidulated with nitric acid. In other diseases, as uræmia and Bright's disease, the quantity of urea is below the average.

URIC ACID.

To ascertain if the urine contain uric acid, it is necessary to acidulate about a fluid-ounce of the urine with a fluid-drachm of hydrochloric acid, or strong acetic acid, in a suitable glass vessel, an ordinary beaker being best, and to set it aside, covered with a glass plate, for 24 or 48 hours. At the end of that time, if uric acid be present, reddish brown crystals will be seen attached to the sides and bottom of the glass, or floating on the surface of the fluid. These crystals have the flat rhombic, oval, or hexagonal shape of uric acid; they are soluble in alkalies, and give with nitric acid and ammonia the murexid test. (See page 44).

A healthy man excretes, on an average, about 7 or 8 grains of uric acid in the 24 hours.

Clinical Import. The excretion of uric acid is usually increased *pari passu* with the urea, as in pyrexia, or acute rheumatism, and in chronic liver diseases. An excess of uric acid is observed after an attack of gout; it is often entirely absent from the urine immediately before the paroxysm, and may disappear for days when this disease has become chronic.

HIPPURIC ACID.

Hippuric acid exists in small quantity in the urine in health, but the amount is greatly increased in cases of chorea. The method of preparing it from human urine is troublesome, and will rarely be required to be used by the clinical student. Two or more pints of *perfectly fresh* urine must be taken, and milk of lime added till the fluid becomes alkaline; the mixture is boiled and filtered, the filtrate evaporated over a water bath to a syrupy consistence, and then extracted with alcohol; next

the spirituous extract must be filtered, and the filtrate evaporated to a small quantity, over a water bath. To this, when quite cold, hydrochloric acid should be added so long as crystals are formed.

The crystals of hippuric acid obtained in this manner, seen under a microscope, are long and needle-shaped prisms; they are distinguished from those of benzoic acid by their insolubility in ether.

Hippuric acid, when evaporated to dryness with nitric acid, in a porcelain crucible, over a lamp, and then further heated to redness, gives off a gas smelling like oil of bitter almonds. This reaction is common to benzoic and hippuric acids.

When benzoic acid is taken by the mouth, it is converted in the body into hippuric acid, which appears in the urine in quantity equivalent to that of the benzoic acid ingested.

CHLORIDES.

Chlorides may be known to be present by the following test. To a fluid-drachm of urine in a test tube, a drop of nitric acid is added, and then a

few drops of a solution of nitrate of silver; if a trace of chloride be present, a cloudiness only will be given; but if any quantity, a white precipitate is thrown down, soluble in caustic ammonia and reprecipitated thence by the addition of nitric acid in excess.

The nitric acid is added at first to prevent the precipitation of the phosphates with the chlorides.

By far the greater part of the chlorine in the urine is in combination with sodium.

A rough comparative idea of the quantity of chloride present may be made from day to day, by always taking the same quantity of urine, acidulating it in a test tube with nitric acid, and adding a solution of nitrate of silver until no further precipitate is formed. The test tube must then be set aside for 24 hours, and a note then taken of the proportion of the chloride of silver deposit, for comparison with other observations.

On an average, a healthy male adult excretes 250 grains of chloride of sodium in the 24 hours.

Clinical Import. The chlorine is diminished or entirely absent during the period of hepatization in acute pneumonia; it is also diminished in acute rheumatism and many pyrexial diseases, especially when large serous transudation takes place.

PHOSPHATES.

The presence of phosphates in the urine may be ascertained by the following test. A fluid is prepared by adding a drop or two of caustic ammonia to a fluid-drachm of a solution of sulphate of magnesia in a test tube ; hydrochloric acid is added until the precipitate caused by the ammonia is redissolved. Caustic ammonia is again added in excess, until the fluid is strongly ammoniacal. A fluid-drachm of urine is now poured into another test tube, and rendered ammoniacal with caustic ammonia ; to this urine some of the prepared solution is added, and a precipitate of the ammoniaco-magnesian phosphate occurs at once, if the urine contain the ordinary amount of phosphates ; but the precipitate forms slowly, if the phosphates are present in very small amount.

The normal quantity of phosphoric acid excreted by a male adult in the 24 hours is about 50 grains.

Clinical Import. The amount of phosphoric acid in the urine is increased in diseases of the nervous centres, and after great mental application. Acute febrile diseases cause increase of the

phosphoric acid from increased tissue-metamorphosis, while in Bright's disease and some forms of dyspepsia the quantity of the phosphates is diminished.

SULPHATES.

The sulphates are at once recognised by the addition to some of the urine, in a test tube, of a drop of hydrochloric acid, and afterwards of a few drops of a solution of chloride of barium; a white precipitate, insoluble in nitric acid, is thrown down.

The quantity of sulphuric acid excreted by a healthy male adult in the 24 hours is about 30 grains.

Clinical Import. The quantity of the sulphates is increased by a full animal diet; very little is known for certain of their amount in disease, and that little is at present of not much importance.

The following table of the amount of urinary constituents excreted by a male adult in the 24

hours is compiled from Dr. Parkes' work "On the Composition of the Urine."

Quantity	40 to 50 fluid-ounces.
Total Solids	800 to 1000 grains.
Urea	350 to 600 grains.
Uric Acid	5 to 15 grains.
Chlorine	50 to 150 grains.
Phosphoric Acid	30 to 60 grains.
Sulphuric Acid	20 to 60 grains.

URINARY SEDIMENTS.

When a urinary deposit is to be examined, about 4 or 5 fluid-ounces of the urine should be collected in a tall narrow cylindrical glass, and set aside for a few hours. Cylindrical glasses have, in the writer's experience, succeeded better than conical vessels, since the sloping sides of the latter tend to cause the sediment to collect on them, without falling to the bottom. This is particular-

ly the case with uric acid and renal casts, especially if they are present in but small quantity.

When the sediment has collected at the bottom, the supernatant urine may be poured off, and a drop of the sediment placed on a glass slide, for examination under the microscope.

In looking for renal casts, it is better to use only the very last drops which fall from the vessel, after the rest of the urine is poured away.

Directions for the Microscope. A drop of the fluid containing the deposit is placed in the centre of the glass slide (which must be absolutely clean), and the drop very gradually covered with a piece of thin glass, (seven eighths of an inch square is the best size), so as to drive all the air before it, and to prevent any air bubbles being present under the glass. This is best accomplished by the aid of a needle, placing one edge of the thin glass upon the slide, and resting the other upon the needle, then inclining the needle gradually, until it is horizontal. All superfluous moisture around the glass cover must be carefully removed with a cloth, or with blotting paper. The slide is then ready to be placed under the microscope.

A quarter-inch object glass will be sufficient for the recognition of nearly all the sediments that

occur. The tube of the microscope must be moved down until the object glass is about a quarter of an inch distant from the slide; the light from the mirror is now thrown upon the slide at a point immediately under the object glass; the observer should then look through the microscope, placing the instrument with the coarse adjuster in the focus which suits his own eyesight.

Sediments are either organised or unorganized. To the latter belong uric acid, urates, oxalate of lime, phosphates, cystin, &c. To the former, pus, blood, mucus and epithelium, renal casts, fungi, and spermatozoa.

UNORGANISED SEDIMENTS.

URIC ACID.

Uric Acid is only met with as a deposit in very acid urine, and is usually accompanied by a considerable sediment of urates. Owing to its peculiar colour, varying from a yellow to a brownish

red, it can at once be recognised by the naked eye, never being deposited from the urine in colourless crystals.

When the sediment is examined under the microscope, the crystals are at once known to be uric acid by their reddish brown colour, all other crystalline deposits being transparent and colourless. If indeed, the student is in doubt as to the nature of a crystal, he will never be very wrong, if he judge it to be uric acid when there is a slight tinge of brown visible. The crystals, themselves, have numerous forms; they occur very commonly in rhomboidal, or long oval, plates with acute angles; these crystals are often united so as to form rosettes, or they may be rectangular, barrel shaped, or in hexagonal plates, with two parallel sides longer than the other four.



Uric Acid.

If the student be not quite sure of their nature, he should add to the specimen under the microscope, a little liquor potassæ or liquor sodæ, which will dissolve uric acid, if present; when dissolved by the alkali, it can be reprecipitated in hexagonal plates by the addition of hydrochloric or acetic acid.

Very small traces may also be detected by means of the murexid test; a small portion of the suspected sediment is placed in a porcelain dish, and a drop of nitric acid let fall upon it; the dish is then gently heated over a lamp until all the nitric acid is driven off, when, if uric acid be present, a beautiful red staining is seen; after cooling, a drop of caustic ammonia should be allowed to roll over the reddened spot, which then becomes purple; if liquor potassæ be used instead of ammonia, the colour will be violet. The test does not, however, distinguish uric acid from its salts.

Usually the uric acid is not free when the urine is voided, but it is precipitated by the increase of acidity which always occurs shortly after emission. This is especially the case in the urine of diabetes, where the whole of the uric acid present may be set free from this cause.

Clinical Import. The presence of free uric acid is no proof that uric acid is being excreted in excess; the only inference to be made, is that the urine is extremely acid. But if free uric acid shows itself immediately after the urine has been passed, it is not improbable that a deposit may be taking place in the pelvis of the kidney, or the bladder; a condition of considerable danger, since it may lay the foundation of a calculus: uric acid, and urate, calculi being the most frequent of all urinary concretions.

URATES.

This deposit is the most frequent and least important of all the urinary sediments. Any febrile condition will lead to this deposit; even a greater amount of perspiration than usual, will be followed by urine that becomes turbid on cooling, as a result of a diminished secretion of water, merely. Urine containing an excess of urates is never turbid when fresh passed; it is only when the urine has cooled, that the peculiar muddiness is observed. If the urine be gently warmed, the

turbidity immediately disappears. The urates differ in colour considerably, according to the amount of colouring matter in the urine, varying from white to pink or red. In young children the 'milky' urine, which alarms mothers, is due to a deposit of peculiarly white urates.

In the urine, uric acid is found combined with three bases; with soda, with ammonia, and with lime. The urate of soda is the most frequent of the three, and is usually seen under the microscope as an amorphous deposit; sometimes it forms round dark bodies with short spikes projecting from them. The urate of ammonia is rarer, and occurs in beautiful globular forms with spikes closely resembling the urate of soda, but of greater length. The urate of lime is very rare, and forms only an amorphous sediment. If any doubt be entertained as to the nature of these salts, it is necessary to add a drop of hydrochloric or strong acetic acid to the specimen, when crystals of uric acid will immediately be formed. These crystals are again dissolved by caustic soda, or potash. If further evidence be required, the murexid test with nitric acid and ammonia (page 44) may be applied.

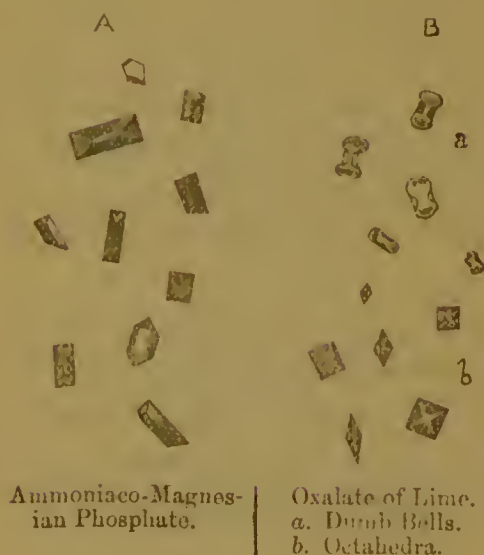
OXALATE OF LIME.

Oxalate of lime occurs as a urinary sediment in colourless octahedral crystals, having the so-called 'envelope' appearance which, when once seen, can hardly be mistaken for anything else. This deposit also occurs in colourless dumb bells.

Oxalate of lime is insoluble in acetic acid; by this it is distinguished from the phosphates; it is colourless and insoluble in alkalies, and thus differs from uric acid. It is, however, soluble in the mineral acids, as, for example, in hydrochloric acid.

Clinical Import. After urates, oxalate of lime is the most common unorganized urinary sediment; it is often seen in the urine of patients convalescent from acute diseases; and many writers state that it may always be found when there is lessened oxidation, as in bronchitis. The occasional presence of a few crystals of oxalate of lime is not of much importance. When the deposit is constant, and in large quantity, the formation of the mulberry calculus may be feared. This sediment is said to be associated with a dyspeptic and hypochondriacal

condition, sometimes termed the "oxalic acid diathesis."



PHOSPHATES.

The phosphates are only separated from very feebly acid, or alkaline, urine; and they are always deposited when the urine undergoes the alkaline fermentation; they consist of the ammoniac-magnesian phosphate, and the phosphate of lime.

Under the microscope, the ammoniac-magnesian

phosphate appears in beautiful right rhombic prisms, which disappear immediately on the addition of acetic acid, and are thus distinguished from the oxalate of lime, with which an inexperienced observer might, perhaps, confound them.

The phosphate of lime chiefly occurs as an amorphous deposit, soluble in acetic acid; it is precipitated by heat in flakes resembling albumen, which are at once, however, dissolved by a drop of acid.

Clinical Import. The deposit of phosphates indicates an alkaline reaction of the urine, a condition favourable to the formation of phosphatic calculi.

If the least doubt be left upon the observer's mind after the microscopical examination of a sediment, he must use the assistance of reagents in determining its nature. The following scheme will be found useful; a drop of strong acetic acid should be placed on the glass slide, near the thin covering glass, so that the acid may run in between the two pieces of glass, but it should be carefully prevented from wetting the upper surface of the cover, as this will produce an obscurity over the object. Should the deposit be phosphatic, the

acid quickly dissolves the crystals, or amorphous sediment; but if the sediment consists of urates, crystals possessing the well-known shape of uric acid are formed. If no effect upon the sediment is produced by acetic acid, it consists of either uric acid, or oxalate of lime. *Liquor potassæ*, added with the same precautions as acetic acid, brings about a solution of the crystals of uric acid, but the alkali has no effect upon oxalate of lime, which will be dissolved by the action of hydrochloric acid.

CYSTIN.

Cystin is a rare deposit in the urine; it occurs in colourless hexagonal plates, united by their flat surfaces, and overlapping one another. When dissolved in the urine, cystin may be thrown down by the addition of acetic acid, and the precipitate examined under the microscope. It may be distinguished from uric acid, which sometimes crystallizes in hexagonal plates, by the absence of colour in the crystals.

Urine which contains cystin is usually feebly

id, of a yellowish green colour, and of a peculiar
 lour, compared to sweet briar, but which some-
 times resembles that of putrid cabbage. The
 rea and uric acid are diminished in most cases.
 he ammoniaco-magnesian phosphate often ac-
 companies the crystals of cystin.

Cystin contains a large quantity of sulphur, and
 Liebig has proposed a test which is founded on
 this fact. A solution is made by adding, to a small
 quantity of solution of acetate of lead, liquor
 potassæ or liquor sodæ until the precipitate first
 formed is redissolved; about equal parts of this
 solution and of urine are boiled, when black sul-
 phide of lead is formed from the combination of
 the sulphur with the lead. This test is, however,
 by no means a good one, since many bodies fre-
 quently present in the urine, *e.g.* albumen, con-
 tain enough sulphur to give the reaction.

Of the *Clinical Import*, nothing is known.

The appearance of cystin in the urine is believ-
 ed by some to be hereditary and to be connected
 with calculous disorders. Other observers have
 found it in the urine of chlorosis.

LEUCIN AND TYROSIN.

Leucin and Tyrosin are very rare deposits in the urine. Under the microscope, leucin appears in dark globular forms, which have been compared to masses of fat cells; tyrosin, however, crystallises in beautiful bundles of delicate needles, sometimes arranged in a stellate form.

These two bodies have been detected in the urine in cases of acute yellow atrophy of the liver, of small pox, and of typhus fever. The clinical value of their presence is, however, unknown.

ORGANISED SEDIMENTS.

PUS.

Pus is frequently present in the urine, and produces a thick sediment at the bottom of the urine glass. The urine readily becomes alkaline, and rapidly decomposes after being passed. It is permanently turbid; that is, the turbidity is unaffected by heat.

Under the microscope, the deposit shows numerous pus corpuscles, round colourless bodies, not varying much in size, having granular contents, and nuclei varying from 1 to 4 in number; if acted on by acetic acid, the nuclei become much more distinct. If the urine has been long passed, the pus corpuscles undergo changes which render them incapable of being recognised.

The urine of course contains albumen, and in proportion to the amount of pus present. If the quantity of albumen exceed that which should be given by the pus present in the urine, evidence of kidney disease, as casts of tubes, should at once be looked for.

The deposit from urine containing pus is rendered viscid and gelatinous by the addition of about half its quantity of liquor potassæ; it becomes ropy and cannot be dropped from one vessel to the other; urine containing mucus, on the other hand, becomes more fluid and limpid by the addition of caustic alkali.

Pus occurs in the urine in the following disease:—

Leucorrhœa in the female.

Gonorrhœa or Gleet in the male.

Pyelitis, from any cause.

Cystitis.

Any abscess bursting into any part of the urinary tract.

Lencorrhœa is an exceedingly frequent cause of the presence of a slight amount of albumen in the urine of women; if it be necessary to exclude this origin, the urine must be obtained by means of the catheter.

BLOOD.

Blood is not at all infrequently found in the urine, and it may be derived from any part of the urinary-renal tract. If derived from the kidneys, the blood will be completely diffused through the urine, and give it a peculiar smoky appearance, absolutely diagnostic. If the hæmorrhage from the kidney be great, however, the urine will have a bright red colour, like blood.

The deposit at the bottom of the urine glass shows under the microscope the circular discs, familiar to every one as the red corpuscles of the blood. Their peculiar colour will prevent the student mistaking them for any other deposit; they may, however, in a urine of low specific

gravity, become swollen, and at last burst from endosmosis; in those of high specific gravity, they will often become contracted, shrivelled, and distorted, from exosmosis.

The urine will, of course, contain albumen in proportion to the quantity of blood present, which may be so great that the urine will solidify on the application of heat. The urine very readily becomes alkaline, and care must be taken to restore the acid reaction with acetic acid, before testing for albumen.

Clinical Import. The presence of blood, or of blood corpuscles, in the urine is a sure sign of the existence of hæmorrhage from the kidney or the urinary passages. It may result from

A. *Disease of the Kidney.*

Acute Bright's Disease.

Congestion of Kidney.

Cancer of Kidney.

External Injury.

Tubercle (*very rare*).

B. *Disease of Pelvis and Ureter.*

Calculus in Pelvis and Ureter.

Parasite, as *Bilharzia hæmatobia*.

Cancer.

Tubercle (*very rare*).

C. *Disease of the Bladder.*

Calculus.

Cancerous or Villous Growths.

Congestion of Mucous Membrane.

D. *Disease of Urethra.*

Congestion, as in Gonorrhœa.

Tearing of the Mucous Membrane from mechanical Injury.

E. *Constitutional.*

Purpura and Scurvy.

Hæmorrhaphilia.

The Acute Specific Diseases, (*rarely, in malignant cases*).

F. In female, Uterine Discharges, as menstruation, &c.

As a general rule, if the blood be completely mixed with the urine, the hæmorrhage is from the kidneys; if the urine first passed be clear, and that at the end of micturition become bloody, or if even pure blood be passed, the hæmorrhage is from the bladder or prostate; while, if the first portion of the urine be bloody, and the last drops clear, the hæmorrhage is from the urethra.

MUCUS AND EPITHELIUM.

Mucus is a constant constituent of every urine, and if healthy urine be allowed to remain at rest for an hour, a light cloud will be found to have settled at the bottom of the urine glass; on microscopical examination, it will be found to consist of mucous corpuseles, and epithelium scales detached from the surfaces over which the urine has passed.

The urethra and bladder give up a roundish or oval epithelium cell to the urine. In the urine of the female, especially in cases of leucorrhœa, the epithelium cells of the vagina are very numerous, and they exactly resemble the squamous epithelium of the mouth. Under irritation, the mucous membrane of the pelvis and ureter will produce cells, caudate, spindle-shaped, and irregular, exactly similar to those formerly regarded as diagnostic of cancer. From this circumstance it is impossible to speak positively of the existence of cancer cells in the urine.

Desquamation of the tubular epithelium of the kidney occurs only in disease; the cells, as seen in the urine, are slightly swollen, and acquire a more spheroidal, and less distinctly polygonal,

shape, apparently from the imbibition of fluid, and the removal of pressure. The cells are frequently granular, and contain fat drops, or are contracted, withered up, and shrivelled.

Clinical Import. See Section on Renal Casts, page 62.

RENAL CASTS.

In Bright's disease, and in congestion of the kidney, there are formed, in the uriniferous tubules, lengthened cylinders which are discharged with the urine, and form the deposit known as "casts." Those found in the urine are probably chiefly formed in the straight uriniferous tubes; and the view of their origin which has found most favour in this country, is that the casts are formed by the escape of blood into the tubes of the kidney, and coagulation of the fibrin, which thus becomes moulded to the shape of the tube into which it has been extravasated. It is probable that many of the hyaline casts

are formed in this way; but the balance of evidence at the present day is in favour of the epithelial and granular casts being produced by a desquamation and degeneration of the renal epithelium.

When the urine contains casts in great quantity, they can scarcely be overlooked, if the urine be allowed to settle for a few hours in a tall cylindrical glass, the whole of the supernatant fluid poured off, and the last drops which flow from the lip of the glass put under the microscope and examined. If there are but few casts present, other plans may be adopted; the urine may be acidulated with a little acetic acid, and thus the uric acid precipitated, with which the casts will be carried down as well; or the urine may be filtered, and the casts searched for on the filter paper; or if the specific gravity be high, the urine may be diluted with distilled water, set aside for an hour, and the deposit then examined. With a little experience, the student will soon become familiar with the appearance of casts, and will at once be able to distinguish them from foreign bodies in the urine. They are never broader than 6, or less than 2, red blood corpuscles in diameter; but they vary considerably in length,

never, however, exceeding the $\frac{1}{50}$ th of an inch. The same cast does not vary greatly in its diameter, and never becomes twisted on itself, as a cotton fibre does.

The foreign bodies, most liable to be mistaken for renal casts, are cotton fibres, hair, and pieces of deal.

Cotton fibres have a very irregular outline, and are much broader at one part than at another; they are often twisted, and of great length, which will distinguish them from casts. Their structure is often striped in a longitudinal direction.

Hair can often be distinguished from renal casts by its colour alone; and if this be not very apparent, by its possessing a cortical and medullary structure; and by its length being greater than that of any cast.

Fibres of Deal, which have their origin in the furniture &c. of the apartment, may perhaps be mistaken for renal casts. They are at once recognised by the presence of the large round wood-cells which characterise the order Coniferae.

Casts may be conveniently divided, according to their appearance under the microscope, into three kinds, the epithelial cast, the granular cast, and the hyaline cast.



CASTS —A. Epithelial. B. Granular. C. Fatty. D. Hyaline.

The epithelial cast. This cylinder consists of a mass of epithelial cells derived from the tubules of the kidney: the cells may become granular and acquire a dark appearance by transmitted light. The cast is usually wide, never very narrow.

The granular cast. This is a solid cylinder having a granular appearance, which may be limited to a few dark points in the substance of the cast, or be so intense as to give the cast an almost black appearance. In this kind of cast may often be found epithelial cells, blood corpuscles, red or white, pus corpuscles, crystals of uric acid, urates, and especially oxalate of lime. The fatty cast is a variety of the granular, produced by the running together into globules of fat of the granules of olein.

The hyaline cast. This cast is usually very transparent, and the outline is often so indistinct that a little iodine or magenta must be added to the urine before it can be detected, or a diaphragm with a narrow opening must be used. They show indistinct markings on their surface, or a few granules and nuclei. There are two kinds, the wide and the narrow; the latter are sometimes of great length.

In observing casts, notice must be taken of the action of acids upon them, or their contents. It is thought that when the cylinders resist the solvent action of hydrochloric acid to any great degree, that the inflammation of the kidney is correspondingly intense. The granules on the cast, if formed of protein, will disappear, when acted on by acetic acid; but if of olein, they are rendered more distinct. The width of the cylinder is of some importance, as it is supposed that very broad casts are formed in tubules completely stripped of their epithelium, and that the prognosis is more grave when these wide casts show on their sides no nuclei, or attempt at re-formation of epithelium. From the recent observations on the varying diameters of the uriniferous tubes, the importance of the breadth of the cast becomes less.

Clinical Import. The presence of casts in the urine is a sure sign of disease of the kidney, but not, however, necessarily of *permanent* disease of the kidney. They are present in many acute diseases, accompanied by albumen in the urine. But if they are found for several weeks together, after all pyrexia has subsided, permanent disease of the kidney may be inferred. Casts are constantly present in the urine in all cases of congestion of the kidney, and of acute or chronic Bright's disease. But no certain information as to the nature of the disease existing in the kidney, *q. v.* whether lardaceous or fatty, can be obtained from the characters of the casts, since all forms of Bright's disease terminate in fatty changes. Some assistance, may however be derived from the appearance of the casts in forming a judgment of the acute or chronic character, or a prognosis, of the disease. If, for example, there be found in the urine epithelial casts which have undergone little, or no, granular change, and casts studded with red blood corpuscles, together with a large quantity of epithelium from the tubules of the kidney, having a natural or only slightly cloudy appearance, there can be little doubt that the patient is suffering from an acute attack of Bright's disease; while if the

casts be chiefly fatty, or intensely granular, and the epithelium be small in amount, and the cells withered and contracted, or containing globules of olein, it will be more than probable that the case is one of chronic Bright's disease.

Since little reliance can be placed on the characters of the casts as an aid to special diagnosis, some of the leading characters of the renal derivatives in the chief forms of kidney affection have been subjoined.

Congestion of the Kidney. The casts are chiefly hyaline, seldom showing any marks of fatty change. Very rarely are blood or epithelial casts discovered.

Acute Bright's Disease. At the commencement, the urine deposits a sediment which consists of blood-corpuscles, narrow hyaline casts, and casts covered with blood-corpuscles, the 'blood casts' of some authors. In the next stage, the amount of blood present is not so great, but, a great desquamation of the renal tubules taking place, renal epithelium and epithelial casts are found in great numbers; the epithelium has undergone very little, if any, granular change; hyaline casts are observed together with epithelial. In the next stage, the changes in the epithelium may be

almost daily observed; at first they become granular, cloudy in appearance, which alteration, the sequel of the catarrh, often proceeds to fatty degeneration, and the epithelial cells then contain large fat drops, while the epithelial casts undergo similar change, and become distinctly granular and even fatty.

If the patient recover, the casts and epithelium gradually disappear from the urine. But if the disease become chronic, the renal derivatives show the characters described in the next paragraph.

Chronic Bright's Disease. Numerous forms of casts are met with; the hyaline, both narrow and wide forms; the larger are often beset with granules dissolved on addition of acetic acid; the granular, whose surface is often covered with fatty or shrivelled-up epithelium cells; fat drops may studd the cylinder. Epithelial casts are rare, except in febrile exacerbations, when the renal derivatives found in acute Bright's disease are present, together with granular and fatty casts, evidence of the previous alteration of the kidney.

Lardaceous or Albuminoid Kidney. The urinary deposit contains hyaline casts, which are often accompanied by pus corpuscles. Atrophied

epithelial cells, becoming fatty in the later stages of the disease, are almost invariably present.

FUNGI.

Many kinds of fungi grow in the urine after it has been voided for some time, and when the ammoniacal decomposition has begun, or is about to begin. The most important are (a) *vibriones*, which may be seen in almost every albuminous urine which has been passed a little time; they are known by their linear form and incessant motion; (b) the *penicilium glaucum*, the fungus which forms 'mildew,' and which often appears when the acid fermentation has begun; and (c) the yeast fungus, *torula cerivisiae*, which was considered by Dr. Hassall to be diagnostic of diabetes.

Sarcinae are apparently formed in the urine before it is voided; they are square bodies, divided into secondary squares, which number 4, 16, 64, &c., and are similar to the *sarcinae* found in the

vomited matters of persons suffering from stenosis of the pylorus.

Kieste'n is a whitish pellicle formed on the surface of the urine of pregnant women, when allowed to remain at rest for a few days. It appears to consist chiefly of the mould fungus, globules of fat, and crystals of phosphates. It was formerly regarded as a sign of pregnancy ; but it occurs in the urine of persons who are not pregnant, and is not always present in pregnancy.

SPERMATOOA.

These little bodies are present in the urine of males first passed after an emission of semen. A few pass away in the urine, probably, without venereal excitement, especially when the person is continent. In the urine of females, they are almost positive proof of sexual intercourse.

The seminal secretion forms a glairy white deposit at the bottom of the urine glass. When examined with the microscope, (for which a high

power, magnifying 400 or 500 diameters, is best, although a power of 250 will identify them), spermatozoa show the characteristic oval head or body, often somewhat pear-shaped, and long delicate tail, two or three times the length of the head. In the urine no movement is ever shewn by these bodies.

APPENDIX.

It has been thought desirable to add a succinct account of the method of estimating the principal substances found in the urine, since the clinical clerk is often desired to make an analysis of the urea, chlorides, phosphates, &c. No account of the method of standardising the solutions will be given, since they are provided in nearly all clinical hospitals. No details have been introduced which require the use of a balance.

The French weights and measures only will be employed: they are

The litre, the unit for measures of capacity=
1.76 pints.

The cubic centimeter, (C.C.), the $\frac{1}{1000}$ th part of
a litre.

The gramme, (grn.), the unit of weight, the
weight of a cubic centimeter of distilled
water, at 4 C., at normal barometer pres-
sure, = 15.43 English grains.

The milligramme, the $\frac{1}{1000}$ th part of a gramme.

The apparatus required will be

A measure of litre capacity, divided into parts containing 10 C.C. at least.

Burettes, divided into quarters of a C.C.

Pipettes, which deliver 5, 10, 15, 20, 30 and 50 C.C.

Beakers, Berlin dishes, stirring rods, &c.

GENERAL DIRECTIONS.

The whole of the urine passed in the 24 hours must be obtained ; it will be found most convenient to collect it from 9 a.m. on one day to 9 a.m. on the following day, making the patient micturate precisely at this hour.

The urine must be preserved, as it is passed, in a covered glass vessel. When the analysis is to be made, the urine must be measured in a vessel graduated to a 1000 C.C., and divided into parts containing at least 10 C.C. each. After measuring, the whole of the urine must be mixed together, and a portion of this used in the estimation of the urea, chlorides, &c.

A complication arises, if the urine contain albumen; and, in this case, the albumen must be removed before proceeding to the analysis of the urea, &c.; a measured quantity of urine, 100 or 200 C.C. is heated in a Berlin dish, the bottom of which is protected by a piece of iron-wire gauze, over a small, naked flame, to nearly the boiling point. If the albumen do not separate in flakes, dilute acetic acid is *very* carefully added until the acid reaction is marked. If too much acetic acid be added, part of the albumen is redissolved. The heat must be moderate, and only just rise to boiling point, or the urea will be decomposed. The urine, after cooling, is then to be filtered into the same measure that was used at the beginning to ascertain the volume (100 or 200 C.C.), the dish and filter washed with small quantities of distilled water, which is added to the filtrate, until the urine stands at exactly 100 or 200 C.C. according to the initial quantity. This fluid is then used in the estimation of the urea, chlorides, phosphates, sugar, &c.

ESTIMATION OF UREA.

The solutions required are

A standardised solution of nitrate of mercury, of which 1 C.C. corresponds exactly to 10 milligrammes of urea.

A solution of baryta, made by mixing 2 volumes of cold saturated solution of caustic baryta, with 1 volume of cold saturated solution of nitrate of baryta.

A saturated solution of carbonate of soda.

The first step is to ascertain the presence or absence of albumen. If albumen be present, it must be separated by the method described above at page 71; but if the urine be free from albumen, a measured pipette, containing 10 or 15 C.C., is filled with urine, *twice*, and the urine allowed to run into a urine glass or beaker. The same pipette is next filled with the baryta solution, which is then added to the urine previously measured off. The mixture of urine and baryta is then passed through filtering paper; a drop or two of the filtrate is to be tested with the baryta solution to see if any precipitate occur, and if any precipitate do occur, it is best to take a fresh quantity of urine and to add an *equal* volume of

aryta solution; after filtration, this must again be tested. The object of the addition of the aryta is to remove the phosphates from the urine.

The next step is to measure off a definite quantity of the filtrate, so that in any case it may contain 10 C.C. of urine. Thus, if one volume of aryta solution were used with two volumes of urine, 15 C.C. of the filtrate would be measured off with a pipette. If equal volumes of urine and aryta solution were employed, 20 C.C. must be measured off. A burette divided into quarters of a cubic centimeter is then to be filled with the standardised solution of nitrate of mercurry. The burette must be filled to the brim, and allowed to remain at rest for some time, so that all bubbles may rise to the surface and burst. The solution must then be let off by the pinch-cock at the bottom of the burette, until the lower of the two black lines, seen by means of transmitted light on the surface of the fluid, is exactly on a level with the first division of the burette. Care must be taken that the solution fills the whole of the apparatus below the pinch-cock, and that no air bubbles are there contained; for if the latter rise to the surface during the analysis, the estimation is, of course, worthless.

The measured quantity of the filtrate of the urine and baryta is then to be placed in a small glass vessel, a beaker holding about 100 C.C. being best; a few drops of dilute nitric acid are to be added, and the vessel placed under the burette.* The work of estimating the urea now begins. The solution of nitrate of mercury is allowed to run, drop by drop, into the fluid below, stirring the latter well with a glass rod, until a permanent precipitate is produced; the absence, at first, of a permanent precipitate is caused by the chlorides present; the amount of nitrate of mercury used is then read off and noted down; the nitrate of mercury is then added by quarters or halves of a C.C., the mixture being well stirred after every addition, until a drop of the mixture

* A great saving of time may be effected by making two separate estimations; in the first estimation, at once adding 15 C.C. of the mercury solution to the fluid in the beaker, testing this with soda, and then adding the mercury solution in 5 C.C. at a time, and testing with soda after each addition, until a yellow colour is produced. The exact point for the estimation of the urea is found to be between 15 and 20 C.C., or 20 and 25 C.C., as the case may be. A second estimation is then made, and mercury solution to the amount of the smallest number of C.C. *before* the yellow colour was produced, is at once allowed to flow into the beaker, and then added more carefully by quarters or halves of a C.C. as described in the text.

ves a yellow colour when brought into contact with solution of carbonate of soda.

The most convenient method of ascertaining the first appearance of the yellow colour is to place a small glass disc on a piece of black paper, with a few drops of saturated solution of carbonate of soda spread over it; and to let fall as small a drop as possible of the fluid from the beaker into the soda solution at its margin. If no yellow colour be seen, another half C.C. of the mercury solution must be added, and the fluid from the beaker again tested with the soda, and the mercury solution must be added until the least appearance of yellow colour, when one drop more of the mercury solution must be added to the beaker, the fluid well stirred about, and another small drop taken from the mixture and tested with the soda, when, if the process has been rightly performed, an increase in the yellow colour will be perceived. Great care must be taken, during the whole of these operations, not to lose one single drop of the fluid from either the beaker or burette. Then the whole of the carbonate of soda solution contained on the glass plate is to be poured into the beaker, and a drop from this mixture tested with fresh soda; if the yellow colour now appears, the number of

C.C. used must be read off; but if not, more of the mercury solution must be dropped into the beaker until the yellow colour appears in the soda and the number of C.C. used then read off. From the total number of C.C. used, there must be subtracted the number of C.C. used in the first part of the process before a permanent precipitate was produced, and the remainder multiplied by 10 gives the number of milligrammes of urea contained in 10 C.C. of urine, because 1 C.C. of the mercury solution corresponds to 10 milligrammes of urea.

Thus far the amount of urea contained in 10 C.C. of urine has been ascertained; by simple proportion it is easy to find the quantity passed in the 24 hours. For example, suppose that 1 C.C. of the mercury solution were used before a permanent precipitate was produced; and that 19 C.C. were used before the yellow colour was distinctly seen, then 1 C.C. subtracted from 19 C.C. leaves 18, which multiplied by 10 gives 180 milligrammes of urea in 10 C.C. of urine. Suppose that the patient had passed 1770 C.C. of urine in the 24 hours, then the calculation would be as follows:

$$10 : 1770 :: 180 : 31860$$

$$\frac{180}{10) 318600}$$

$$31860 \text{ milligrammes}$$

As 1000 milligrammes equal 1 gramme, 31860

milligrammes equal 31.860 grammes.

ESTIMATION OF CHLORIDES.

The solutions required are

A standardised solution of nitrate of silver, of which 1 C.C. corresponds exactly to 10 milligrammes of chloride of sodium

A saturated solution of neutral chromate of potash.

The urine should be as fresh as possible, and, if turbid, submitted to the preparation described on page 71. 10 C.C. of urine are then measured off into a glass vessel or beaker, and two or three drops of the solution of chromate of potash added. A burette divided into quarters of a C.C. is then filled with the standardised solution of nitrate of silver, and the precautions as to filling burettes,

described in speaking of the estimation of urea, must be observed (page 73). The silver solution must then be allowed to fall into the beaker, and each drop well mixed with the urine by means of a glass rod. As each drop falls into the urine, it must be carefully watched for the least tinge of red surrounding the precipitate of chloride of silver. This reddish colour announces the approaching termination of the process, and is at first not permanent, but disappears when the fluid in the beaker is well stirred. The first drop, however, which produces a reddish tinge, not disappearing by agitation, indicates that the whole of the chloride present has been precipitated, and that chromate of silver is beginning to be formed. The quantity of silver solution used is now read off, and another drop let fall into the beaker from the burette, when the reddish colour ought to be heightened. From the number of C.C. used, the quantity of chloride is calculated; for, since 1 C.C. of the silver solution corresponds to 10 milligrammes of chloride of sodium, the number of C.C. of the silver solution used, multiplied by 10, will give the amount in milligrammes of the chloride of sodium present in 10 C.C. of urine. Thus if 6 C.C. of silver solution were used before a perma-

ent reddish precipitate was produced, 10 C.C. of urine will contain 60 milligrammes of chloride of sodium; and if the patient passed 1200 C.C. of urine in the 24 hours, the amount of chloride passed can be easily calculated in the following way.

$$10 : 1200 :: 60 : 7200.$$

600 milligrammes equal 7·2 grammes, which will be the total quantity passed in the 24 hours.

This process, as applied to urine, nearly always gives results a little above the real amount present.

For greater accuracy, therefore, 10 C.C. of the urine are measured off into a platinum crucible, or 2 grammes of nitrate of potash, free from chlorides, are dissolved in it, and the whole slowly evaporated to dryness, and exposed to a low red heat, until the carbon is completely oxidised, and the contents of the crucible are white. After cooling, these are dissolved in distilled water, a few drops of nitric acid added until a faintly acid reaction is produced, a small quantity of carbonate of lime being then introduced in order to make the solution again neutral, and the chlorides then estimated in the manner described above.

ESTIMATION OF PHOSPHATES.

The solutions required are

A standardised solution of acetate of uranium, of which 1 C.C. corresponds exactly to 5 milligrammes of phosphoric acid.

A solution containing acetic acid and acetate of soda: 100 grammes of acetate of soda are dissolved in water, 100 C.C. of acetic acid added, and the mixture diluted until it equals 1000 C.C.

A weak yellowish solution of ferrocyanide of potassium.

50 C.C. of the filtered urine are mixed in a beaker with 5 C.C. of the solution of acetic acid and acetate of soda. The beaker is placed over a water bath, and when the mixture is well warmed, the standardised uranium solution is dropped into the beaker until precipitation ceases; this can easily be ascertained by allowing the solution to trickle down the side of the beaker. A small drop from the beaker is then to be placed on a porcelain dish by means of a glass rod, and a drop of the solution of ferrocyanide of potassium placed close to it by means of another glass rod, and the two drops allowed to run together. If no alteration of the colour be produced at their line of

meeting, more of the uranium solution must be added to the urine until a drop tested with the solution of ferrocyanide of potassium, produces a light brown colour where the two fluids meet. The number of C.C. of the uranium solution that have been used is read off; and if, after a second warming of the urine contained in the beaker, and a second trial of the fluid with the solution of the ferrocyanide, no increase in the intensity of the colour is produced, the process may be regarded as completed; but if a dark brown colour be produced by this second trial, too much uranium solution has been added, and the estimation must be recommenced with another 50 C.C. of urine.

The calculation for the amount of phosphoric acid passed in 24 hours is now easy.

1 C.C. of uranium solution equals 5 milligrammes of phosphoric acid. So that, if 15 C.C. of the uranium solution have been used, 50 C.C. of the urine will contain 75 milligrammes of phosphoric acid, and if the patient have passed 1500 C.C. in the 24 hours, the calculation will be

$$\begin{array}{r}
 50 : 1500 : : 75 : 2250 \\
 \quad \quad \quad 75 \\
 \hline
 50 \overline{) 112500} \\
 \quad \quad 2250 \text{ milligrammes.}
 \end{array}$$

2250 milligrammes equal 2.25 grammes, which will be the quantity of phosphoric acid passed in the 24 hours.

ESTIMATION OF ALBUMEN.

No easy, rapid, and trustworthy method of estimating the albumen has yet been suggested. The ordinary way of coagulating the albumen by heat and acetic acid, throwing the precipitate on a weighed filter, washing, drying, and reweighing, is so long and troublesome that it is never employed in clinical observation.

By far the best method for clinical observation is the estimation by means of the polariscope.* It is only necessary to have the urine moderately transparent, and free from blood-corpuscles, sugar, and bile acids, to obtain results which are more than sufficiently accurate for all clinical purposes. For the method of using this instrument, see page 85.

The quantity of albumen in the urine is usually not more than 1 per cent; it very rarely rises to 4 per cent, or more.

* Another method, on the principle of the lactometer, has been introduced by Vogel (*Deutsch. Archiv*, Bd. III, Heft. I, S. 143). It is recommended by many German physiological chemists, but the author has had no experience in its employment.

ESTIMATION OF SUGAR.

There are two methods of estimating the amount of sugar present in diabetic urine, either by volumetric analysis, or by means of the polariscope.

Volumetric Method. A standardised copper solution is required, containing sulphate of copper, neutral tartrate of soda or potash, and caustic solution of soda, and 20 C.C. of which correspond to 100 milligrammes of grape sugar. This solution is exceedingly apt to decompose, and must therefore be preserved in well-stoppered, completely-filled, glass vessels, and in a cool dark place.

In estimating the sugar, the first step is to ascertain if the copper solution remain undecomposed; it may be used in the analysis, if, after boiling some portion in a test tube, and setting it aside for an hour, no precipitate of copper oxide has fallen. 20 C.C. of the copper solution are then measured off with a pipette, allowed to flow into a glass flask, and diluted with about 4 times their volume of distilled water. 10 C.C. of the urine are then measured off, and distilled water added until the mixture exactly measures 100 C.C. If, however, the urine contain sugar in but small quantity, it may be diluted with its volume of wa-

ter only, or indeed with none at all. A burette is filled with the diluted urine, and the flask containing the copper solution is heated over a small flame, wire gauze intervening, until ebullition begins; 2 C.C. of the urine are then allowed to flow into the boiling copper solution. After a few seconds, it must be carefully noticed if the copper solution has lost its colour, or is still blue. If it still appear blue when the flask is held between the light and the eye of the observer, another C.C. of the urine must be added to the boiling copper solution; then the colour must be noticed, and if it be still blue, the operation should be repeated until the colour of the fluid has become yellow. The analysis is not yet, however, completed. The fluid in the flask must be filtered into three test tubes, and to the first test tube a few drops of the copper solution must be added, and the whole boiled to see if an orange-red precipitate of suboxide of copper be produced; to the second test tube a small quantity of hydrochloric acid is added, and sulphuretted hydrogen passed through; to the third, acetic acid and ferrocyanide of potassium are added. None of these reagents ought to produce a precipitate.

If, on boiling with the copper solution, a preci-

itate occur, too much urine has been added : if, in either of the two last mentioned test tubes a precipitate occur, not enough of the urine has been added to decompose all the copper ; in either case, the estimation must be repeated.

Since 20 C.C. of the copper solution correspond exactly to 100 milligrammes of sugar, the complete decoloration of the copper solution will be accomplished by exactly 100 milligrammes of sugar. If, therefore, for the 20 C.C. of copper, 15.5 C.C. of the dilute urine were required for complete removal of colour, and if the dilute urine contained only 10 per cent of urine, 1.55 C.C. of urine will contain 100 milligrammes of sugar, and 100 C.C. of urine will contain 6.45 grm. of sugar ; as by proportion.

$$1.55 : 100 :: 100 : 6450.$$

If the urine contain albumen as well as sugar, the former must be removed as directed, page 71.

Estimation by means of the Polariscopes. By means of this instrument an estimation of the sugar present can be made, provided that the urine is moderately transparent. If it be passed through animal charcoal, the accuracy is greater, of course, but not so great as to be of much consequence in purely clinical research. If the urine contain al-

bumen, it must be removed by the method given above, page 71. The bile acids, when present, can scarcely affect the result, since they are found in such very small amount in the urine.

The polariscope consists essentially of a tube, supported upon a foot, and divided into three parts, one of which, the central, is moveable, but the other two, which are at the ends of the instrument, are fixed. One of the fixed tubes is furnished with a small screw, attached to its lower surface; this may be called the eye-piece. The other fixed tube has no screw attached to it; it may be called the object-glass.

A good argand burner, or a gas lamp, protected by a neutral tinted glass cylinder, is necessary. When the polariscope is to be used, the lamp is placed an inch or so in front of the object-glass. The hollow glass tube in the middle of the instrument must now be removed, and filled with distilled water; the small glass disc being slid over the end of the tube completely filled with water, in such a manner that no air bubbles are included in the tube; the metal cover to keep the glass disc in its place is then attached to the tube, and the tube freed carefully from all moisture. The tube is now set in its place in the middle of the instrument;

and the observer, looking through the eye-piece, draws out, or pushes in, the moveable tube close to the eye, until he see at the end of the eye-piece, nearer to the lamp, a circular field divided into two equal parts by a black line, which ought to be sufficiently well defined. He next turns the screw attached to the under surface of the eye-piece to the right or left, as may be required, until the colour of the two halves of the field is exactly the same. The observer then notices whether the crosses on the scale above the eye-piece are exactly opposite to each other. If they are not, the little button at the end of the scale should be gently turned, until they quite coincide.

Before adjusting the instrument, the urine may be set aside to filter, or to pass through animal charcoal, if that be at hand. If the fluid be as free from colour as ordinary diabetic urine, it may be observed in the longer tube, 20 centimeters in length, since the accuracy of the estimation is increased with the length of the tube. But if the fluid be dark, the shorter tube, 10 centimeters long must be used.

The tube is now filled with the urine, in the same manner as it was previously with distilled water, and again placed in the centre of the

instrument. The observer then notices if any alteration in colour of the two halves of the field has taken place. If the uniformity of colour no longer exist, he turns the screw below the eyepiece until the two halves of the field appear of precisely the same tint. The eyes are best rested occasionally during this part of the operation by looking on some white surface, as the ceiling of the room, or a sheet of paper. When the two semicircles are exactly the same in colour, the number of degrees which the moveable zero is distant from the fixed zero is read off; and if the fluid observed contain sugar, the moveable scale will be found to the right: but if albumen only, to the left. The number of degrees that the zero has moved gives, when divided by 2, the percentage amount of either sugar or albumen, if the longer tube were used; but the percentage is at once known, if the shorter tube were employed, as it is the same in amount with the number of degrees by which the two zeroes are separated from each other.

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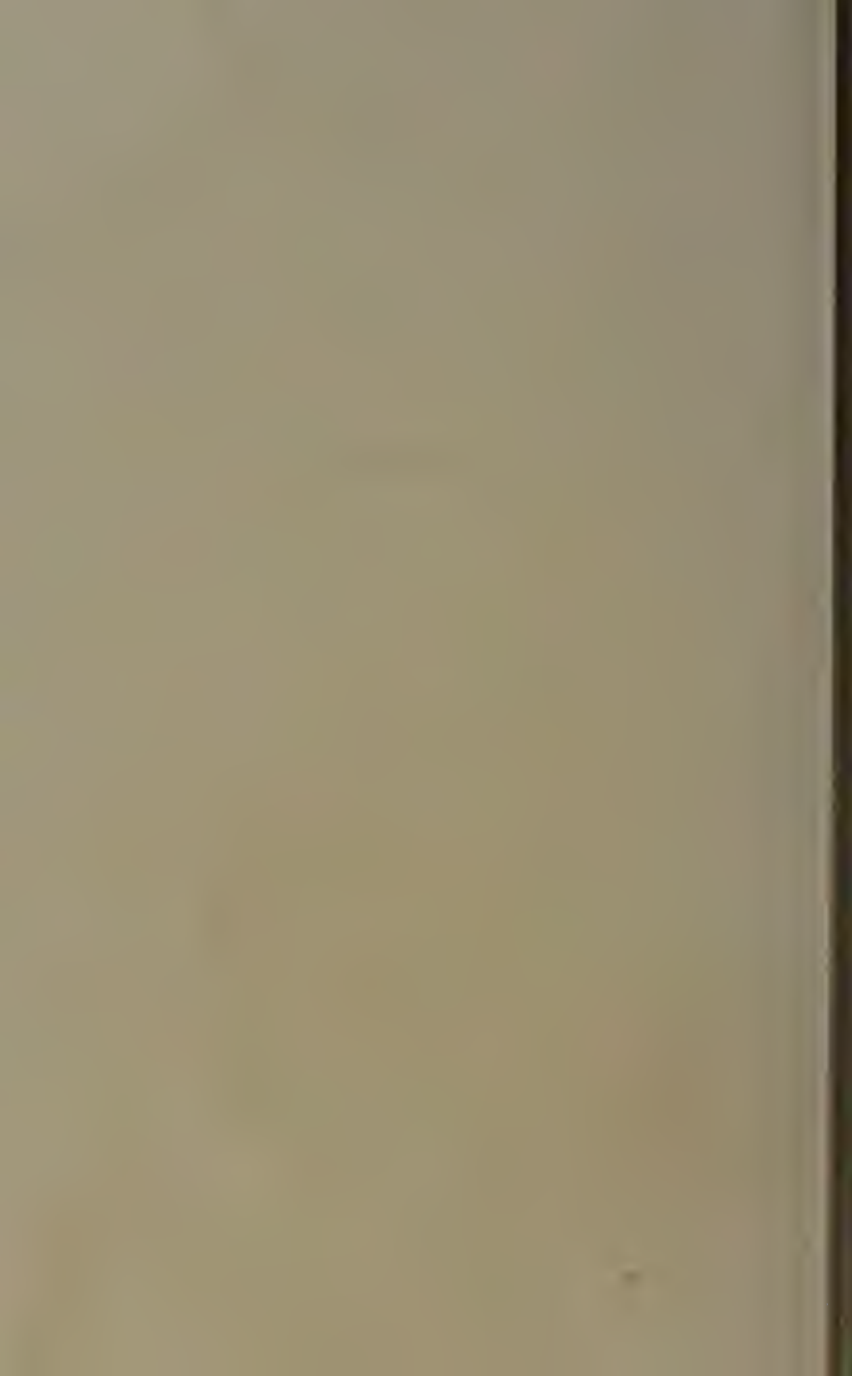
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